Recipe Allergen Information

Recipe	Allergens	Wheat (gluten)	Rye (gluten)	Barley (gluten)	Oats (gluten)	Crustaceans	Molluscs	Fish	Eggs	Milk	Celery	Mustard	Sesame seeds	Peanuts	Lupin	Soybeans	Sulphur dioxide and sulphites	Almonds (nuts)	Hazelnuts (nuts)	Walnuts (nuts)	Cashews (nuts)	Pecans (nuts)	Brazils (nuts)	Pistachios (nuts)	Macadamias/Queensland (nuts)
Baguette with southern fried chicken and mayonnaise	Eggs, Mustard, Sesame seeds, Soybeans, Wheat (gluten)	✓							✓			✓	✓			✓									
Blueberry Muffin	Eggs, Milk, Soybeans, Wheat (gluten)	✓							✓	✓						✓									
Cajun Chicken Quesadilla	Celery, Milk, Sesame seeds, Wheat (gluten)	✓								✓	✓		✓												
Chicken and bacon wrap	Eggs, Mustard, Sesame seeds, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten)	✓							✓			✓	✓			✓	✓								
Chicken and Bacon Spicy Pasta	Sulphur dioxide and sulphites, Wheat (gluten)	✓															✓								
Chicken Burritto	Milk, Soybeans, Wheat (gluten)	✓								✓						✓									
Chicken curry with rice	Milk									✓															
Chicken roll with butter	Eggs, Mustard, Sesame seeds, Soybeans, Wheat (gluten)	✓							✓			✓	✓			✓									
Choclate Chip cookies	Milk, Mustard, Walnuts (nuts), Wheat (gluten)	✓								✓		✓								✓					
Choclate Muffin	Eggs, Milk, Soybeans, Wheat (gluten)	✓							✓	✓						✓									
Ciabata pizza slice	Milk, Wheat (gluten)	✓								✓															
Fruit scone with jam and butter	Milk, Wheat (gluten)	✓								✓															
Ham and Cheese Jambon	Eggs, Milk, Wheat (gluten)	✓							✓	✓															
Ham and cheese sandwich	Milk, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten)	✓								✓						✓	✓								
Lasagne	Almonds (nuts), Celery, Eggs, Milk, Soybeans, Wheat (gluten)	✓							✓	✓	✓					✓		✓							
Painni with southern fried chicken and bacon	Eggs, Milk, Mustard, Sesame seeds, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten)	✓							✓	✓		✓	✓			✓	✓								
Pasta bolognese sauce and mozeralla cheese	Milk, Wheat (gluten)	✓								✓															
pasta pesto parmesan cheese	Milk, Wheat (gluten)	✓								✓															
pasta with bolognese sauce	Wheat (gluten)	✓																							
Pasta with chicken	Eggs, Mustard, Sesame seeds, Soybeans, Wheat (gluten)	✓							✓			✓	✓			✓									
pepperoni Pizza	Milk, Sulphur dioxide and sulphites, Wheat (gluten)	✓								✓							✓								
Potato Wedges	Wheat (gluten)	✓																							
sausage rolls	Eggs, Milk, Mustard, Sulphur dioxide and sulphites, Wheat (gluten)	✓							✓	✓		✓					✓								
Spice box	Eggs, Wheat (gluten)	✓							✓																
spicy chicken and bacon wrap	Eggs, Mustard, Sesame seeds, Soybeans, Sulphur dioxide and sulphites, Wheat (gluten)	✓							✓			✓	✓			✓	✓								
Toasted Chilli Wrap	Milk, Sulphur dioxide and sulphites, Wheat (gluten)	✓								✓							✓								
Toasted Ham and Cheese Painni	Milk, Wheat (gluten)	✓								✓															
Tuna wrap	Eggs, Fish, Wheat (gluten)	✓						✓	✓																

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Turkey and stuffing sandwich	Eggs, Milk, Soybeans, Wheat (gluten)	✅							✅	✅						✅										
Vegetarian Wrap	Eggs, Wheat (gluten)	✅							✅																	

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